

## Unit 4 Lesson 4

### Assisting Residents

Vocabulary	Definition
1. abdomen	the part of your body between your chest and legs which contains your stomach
2. adjustable (tables)	tables that can be moved up or down for different heights
3. appetizing	food that smells or looks very good, making you want to eat it
4. clockwise	in the same direction in which the hands of a clock move
5. consumption	the amount that someone eats and drinks
6. conversation	informal talk in which people exchange news, feelings, and thoughts
7. counter clockwise	moving in the opposite direction to the hands of a clock
8. dining room	a room where you eat meals
9. dinnerware	utensils used for eating such as plates, bowls, glasses
10. finger food	food that can be eaten easily with your hands and without a fork or spoon
11. fork	a tool used for picking up and eating food, with a handle and three or four points
12. glass	a container used for drinking
13. habit	something that you do regularly or usually, often without thinking about it because you have done it so many times before
14. knife	a metal blade fixed into a handle, used for cutting
15. liquid	a substance that is not a solid or a gas, for example water or milk

16. mealtime	a time during the day when you have a meal
17. nourishment	the food and other substances that people and other living things need to live, grow, and stay healthy
18. plate	a flat and usually round dish that you eat from or serve food on
19. snack	a small amount of food that is eaten between main meals or instead of a meal
20. spoon	an object that you use for eating, cooking, or serving food. It has a small bowl-shaped part and a long handle
21. tray	a flat piece of plastic, metal, or wood, with raised edges, used for carrying things such as plates, food
22. utensil	a thing such as a knife, spoon etc that you use when you are cooking